



COVID-19: Learn About Symptoms & What To Do If You Are Sick

STAY HOME IF YOU ARE SICK

Symptoms of COVID-19

Fever or chills
Cough
Shortness of breath/difficulty breathing
Fatigue

New loss of taste or smell
Headache, muscle, or body aches
Sore throat, runny, or stuffy nose
Nausea, vomiting, or diarrhea

This list does not include all possible symptoms of COVID-19.

If you have symptoms of COVID-19:

Stay home away from others and get a COVID-19 test. For information on how to get a COVID-19 test, visit ph.lacounty.com/covidtests/how.

- **If you test positive** for COVID-19 or a doctor tells you that you have COVID-19, you must follow isolation requirements at ph.lacounty.gov/covidisolation.
- **If you test negative** for COVID-19, stay home until you have been fever-free without the help of medicines for at least 24 hours. If your negative result is from a rapid antigen test or an over-the-counter self-test, continue to stay away from others and retest in 1-2 days.

When to seek medical care and COVID-19 treatment:

- If you test positive for COVID-19 and you are at higher risk of getting very sick (you are age 50 years or older or you are any age with [certain conditions](#)) you can take medicines that treat COVID-19 and help keep you out of the hospital. **Ask for treatment right away, even if your symptoms are mild.** Don't delay: the medicines work best when they are given soon after symptoms start. See ph.lacounty.gov/covidmedicines for more information.
- If you develop any of the symptoms listed above, or any symptoms that are not on the list that concern you, contact your doctor. If it's not urgent, call before visiting - you may be able to get advice by phone. Let your doctor know if your symptoms get worse, especially if you are at high risk.
- If you have emergency warning signs, call 911.

Call 911 if there are emergency warning signs



**Difficulty
Breathing**



**Pressure or
Pain in Chest**



**Pale, gray, or
blue-colored
skin, lips, or
nail beds***



**Confused or
Hard to Wake
or Stay Awake**



**Other
Serious
Symptoms**

*Depending on skin tone